



NAPA INSTITUTE™

In the Footsteps of St. Dominic

A Napa Institute Experience with the Dominican House of Studies

Spain & France

October 5 - 14, 2019

Accommodations

Burgos, October 6-8: As we start our journey in Spain, we will be staying at the Palacio de Burgos, just a short walk from the Cathedral. The Palacio served as a cloister, a military hospital, and a Jesuit college, before being converted into a 4-star hotel.

Lourdes, October 8 – 9: For our one-night stay in Lourdes will be at the Grand Hotel Moderne, which is a short walk from the shrine.

Toulouse, October 9 – 14: We will spend the final part of the trip at the 5-star La Cour des Consuls Hotel and Spa, located in Old Toulouse.

Meals

Breakfast: Breakfast is included in the room rates at each hotel. This will be the only meal of the day that is not shared as a group.

Lunch and Dinner: All meals are included as part of the tour, and lunches and dinners are taken as a group to foster a sense of community and encourage camaraderie. For the same reasons, each evening there will be either a brief reception before dinner, or opportunity for an after-dinner drink with fellow travelers.

Individual restaurants are still being researched for each city. We will provide interesting and unique venues and restaurants so that guests can experience the best cuisine the region has to offer.

Principal Tour Leader and Chaplain

Fr. Langlois, O.P. will serve as the principal tour leader and chaplain. Fr. Langlois is the President of the Pontifical Faculty at the Dominican House of Studies in Washington, D.C. and Assistant Professor of Church History. A second Dominican priest will join us as assistant chaplain.



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Itinerary

Please note that the schedule is tentative and subject to change.

Saturday, October 5

Guests depart U.S. on overnight flights to Madrid.

Burgos

Sunday, October 6 – Arrival

Transfers from the airport will be arranged for you to a designated hotel in Madrid, where the group will meet for lunch. (Attendees should plan to arrive by noon on Sunday.) From there, we will depart for Burgos. In the evening, there will be Mass, followed by a welcome dinner.

Monday, October 7 – Santo Dominigo de Silos/Caleruega

In the late morning, we will visit the gothic Burgos Cathedral before beginning our pilgrimage at the Benedictine Abbey of Santo Dominigos de Silos, where St. Dominic's mother made a pilgrimage during her pregnancy. The group will attend Sixth (the Liturgy of the Hours) and experience the beautiful Gregorian Chant for which the monks of this abbey have become widely known. We will then continue on to the town of Caleruega, the birthplace of St. Dominic. Here we will celebrate Mass and tour the Dominican convent, which was built on the site of the house where St. Dominic was born. We will return to Burgos for dinner.

Lourdes

Tuesday, October 8 – San Sebastian/Lourdes

After Mass, we will depart for Lourdes, stopping in the beautiful beachside town of San Sebastian for lunch. After checking into our hotel, we will have a light dinner before joining the torchlit procession in Lourdes.

Wednesday, October 9 - Lourdes

We will begin the day at the grotto where Our Lady appeared to St. Bernadette, and have time for silent prayer and reflection. After Mass, there will be free time for prayer, confession, or to visit the baths or Boly Mill, where Bernadette was born, and the "Cachot," - the former prison where her



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family lived in poverty. In the afternoon, the group will depart for Toulouse for the last portion of our trip.

Toulouse

Thursday, October 10 – Toulouse

In the morning we will celebrate Mass and visit the Basilica of St. Sernin, a pilgrimage church from medieval times and a UNESCO World Heritage Site. After lunch, we will visit the Jacobins Monastery, the ancient priory of the Dominicans, which was built in 1229, 14 years after St. Dominic founded the order in Toulouse. The monastery, which is now a museum, also houses the relics of St. Thomas Aquinas. After free time to enjoy the walkable city of Toulouse, the group will rejoin for dinner.

Friday, October 11 – Toulouse

To begin the day, we will visit Maison de Pierre Seilhan, the house where St. Dominic founded the order and where the first community of brothers lived. We will then attend Mass with the Dominicans at the current priory in Toulouse. After lunch there will be free time before dinner.

Saturday, October 12 - Fanjeaux/Prouille/Carcassone

South of Toulouse lie the small towns of Fanjeaux and Prouille, where St. Dominic converted many followers of the Catharism heresy and founded the Notre-Dame-de-Prouille Monastery for nuns. After visiting the house where St. Dominic lived in Fanjeaux, we will celebrate Mass at the monastery.

After Mass, we will continue on to the fortified town of Carcassone, a UNESCO World Heritage site, for lunch. In the afternoon, we'll return to Toulouse for free time and dinner.

Sunday, October 13 – Rocamadour

When speaking of Rocamadour, St. John Paul II said, "There are places that God chooses so that in them men may experience His presence and grace. The Sanctuary of Our Lady of Rocamadour seems to be one of these places. The Sanctuary of Our Lady of Rocamadour is not simply a place that we visit but a place where we are visited by the Virgin Mary. She transforms lives, fills them with the love of God, performs miracles."

We will spend the last day of our pilgrimage at the Marian shrine of Rocamadour, to which pilgrims have been travelling for over a thousand years. Of special note are the Notre-Dame chapel, housing the Black Virgin, the Grand Staircase, and the stations of the cross. In addition to the celebration of



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Mass at the shrine, there will be opportunities for both adoration and confession. We will return to Toulouse for our farewell dinner.

Monday, October 14 - Departure

Guests will depart Toulouse for flights back to the U.S. Transfers to the airport will be arranged.